



The water is COLDER and STRONGER than it looks!

SUMMER

COLDER STRONGER

If you do enter the water, make sure you follow these top tips:



LOOK OUT FOR LIFEGUARDS

ALWAYS SWIM IN SUPERVISED AREAS

DON'T GO TOO FAR!

SWIM AS CLOSE TO THE SHORE LINE AS POSSIBLE

ALWAYS SWIM WITH A FRIEND

IF SOMETHING GOES WRONG, YOUR BUDDY CAN HELP

When the British Summer hits, we don't know how long the heat will last so we make the most of it.

But PLEASE make sure that if you are alone you DO NOT enter the water

OUT OF THE WATER

